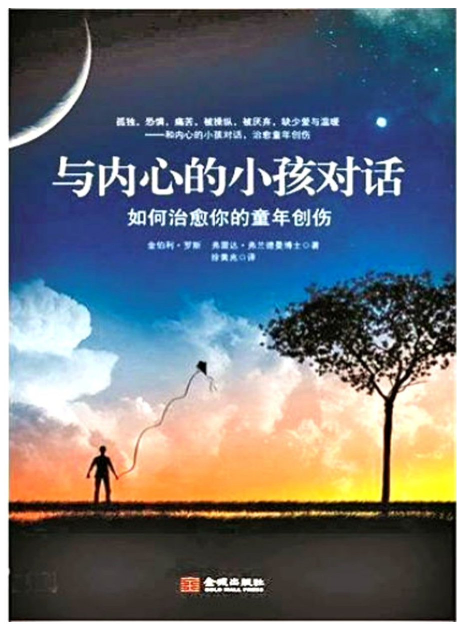
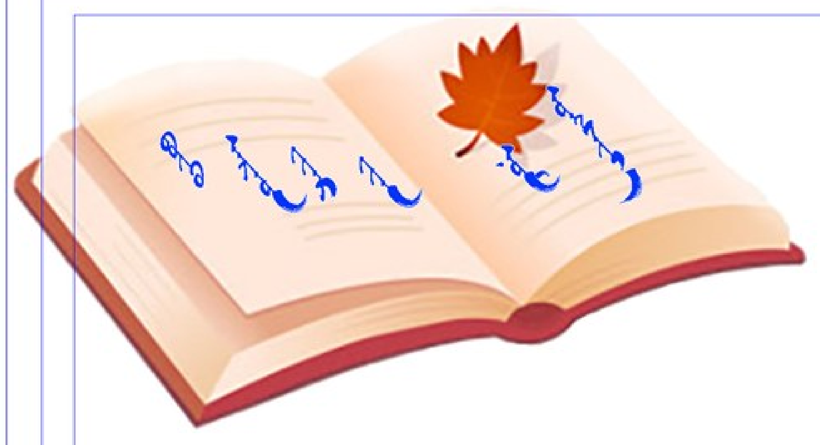
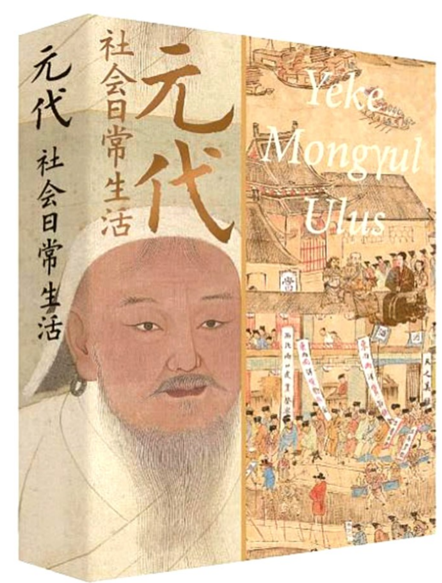

孤独、恐惧、痛苦、被操纵、被厌弃、缺少爱与温暖
——和内心的小孩对话，治愈童年创伤
与内心的小孩对话
如何治愈你的童年创伤

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社会日常生活
Yeke Mongγul Ulus